#### **Preparing for a Blizzards** ~ Protect Your Life During a Blizzard ~



# Get to Know the Characteristics of Blizzard Damage

- Get to know the characteristics of blizzard damage. You may be caught in a snow drift, be unable to walk due to strong wind or low visibility, or be hit by items blown about by strong winds.
- A blizzard may cause a blackout due to damage to the wiring caused by snow, strong wind, or breakages made by scattered items. Blackouts may be prolonged if the adverse weather conditions prevent electric companies from executing restoration work.



## Preparing for Blizzards

- Closely monitor weather information. If a blizzard is forecast, avoid outings, and prepare for a blackout or other possible emergency situations. Check food supplies and emergency items which will allow you and your family to remain safe at home.
- If it is necessary for you to go out in your car, consider that your car may become stuck due to a sudden change in the weather, and prepare emergency equipment and items accordingly.



## If You Get Caught in a Blizzard

- Check that you know what to do if you get caught in a blizzard when walking, working outside or driving a car.
- If you are in your car awaiting rescue, you must be cautious of exhaust gas poisoning and hypothermia.





#### Preparing for a Blizzard



- ■In case of a possible blackout, be sure to prepare a flashlight, portable radio, winter clothes, portable stove and kerosene, emergency food, and water among other items which will help to keep your family safe at home. Outside the house, make sure that air supply/exhaust ports of forced flue heaters are not covered by snow.
- When you exit your car, keep in mind that your car may become stuck in the snow. Keep emergency equipment and items, such as winter clothes, boots, gloves, scoop, and tow rope in the car. Make sure that your car has plenty of fuel.

#### If You Get Caught in a Blizzard



- If you are caught by a blizzard when walking or working outside, take shelter inside a building, such as a shop, convenience store, or a nearby house.
- If you are caught in a blizzard when driving, park at roadside station or other safe place until weather conditions improve. Continue to monitor weather and road conditions.
- ■If your car is unable to proceed due to snowy conditions, be sure to turn on the hazard lights to prevent your car from being hit by the car behind you. If you are waiting for rescue in the car, be sure to turn off the engine to avoid a risk of carbon monoxide poisoning.