

# To those moving into/within Hokkaido

April is a month where the movement of people is very common, and as a result, many parties and dinners etc. are held around this time, leading to a higher than usual risk of infection. With the Omicron variant, and especially the BA.2 subvariant's high infectivity in mind, we request that you observe infection countermeasures, with special attention paid during high infection risk scenarios.

## When going out

### Follow **basic infection countermeasures**

Avoid the 3 Cs

Wash your hands

**Wear a mask**

✖ Non-woven masks recommended

Ensure ventilation

**If you have a fever or other symptoms**, refrain from outings and consult with a doctor.

## When Dining out (at parties, etc.)

Use only restaurants that **implement infection measures**, such as those that have Hokkaido Restaurant Infection Countermeasure Recognition

### **Wear a mask when talking**

Ensure the following: **No Heavy Drinking** **Short Time** **No Loud Voices**

**Take more care than usual in large numbers**

If you have continuous cold symptoms, or severe symptoms, please immediately contact the Medical Consultation center.



北海道



Please visit this page for more information

■ Hokkaido COVID-19 Medical Consultation Center

**0120-501-507** (Toll-free, 24hrs)