

SNOW ACTIVITIES IN BACKCOUNTRY IS RISKY.

Snow panorama of winter mountains in Hokkaido is so attractive.
But, remember

THERE ARE INHERENT RISKS

in snow activities in backcountry.
To enjoy the nature in Hokkaido, observe the following rules.

- ▶ **1. Check the information of weather and avalanche.**
 - Are there advisories or warnings of wind or snow?
 - Is there a high risk of avalanche?
 - Do you have an access to the latest weather forecast?
- ▶ **2. Check the terrain and route.**
 - Are your skill and strength enough to traverse the route?
 - Do you have a clear vision from start to finish of the mountaineering?
- ▶ **3. Start mountaineering with winter equipment.**
 - Do you have three MUST items (beacon, probe and shovel)?
 - Do you have the equipment and food to survive under bad weather?
 - Do you have a mobile GPS, a communication device, such as a mobile phone and spare batteries?
- ▶ **4. Submit a mountaineering plan.**
 - Organize a party, don't go alone.
 - Is the mountaineering plan feasible?
Have you submitted a mountaineering plan?
- ▶ **5. Withdraw with courage**
 - Are you prepared to withdraw the mountaineering under bad weather or no visibility?
 - Do you know how to act to save your life in the case of distress?