

TO THOSE MOVING TO A DIFFERENT CITY OR TOWN

March and April is a time when there is an increase in movement of people throughout Japan, as well as more opportunities to dine out.

In order to prevent the further spread of infection, we ask for your cooperation in continuing to implement COVID-19 countermeasures during this time.

1 Going Out

If you feel unwell, please **refrain from going outside**.

*Please be **especially careful** for the first **2 weeks** after moving

2 Eating & Drinking

Implement “**Silent Eating**”

Please gather with **no more than 4 people**, meet for a **short time**, refrain from **heavy drinking** and **speaking loudly**, and **wear a mask** when speaking.

*As part of a national effort to reduce the risk of infection, please refrain from taking part in welcome parties, farewell parties, etc.

3 At school or work

In spaces such as **break rooms and cafeterias** where infection risk is **high**, please pay **special care** to adhere to COVID-19 Precautions.

If you have persistent cold-like symptoms, or severe symptoms, please immediately contact the Health Consultation Center



北海道

Douchou Corona

Search



■Hokkaido COVID-19 Consultation Center

0120-501-507 (Toll free)

※Calls are only available in Japanese.

※For residents of Sapporo, Asahikawa, Hakodate, and Otaru, please call the respective Health Center for your city.