

Thank you for your cooperation in preventing the spread of COVID-19.

Avoid high-risk situations, and take proper precautions against infection!

HIGH-RISK SITUATIONS

NO MASK



POOR
VENTI-
LATION



CLOSE
CONTACT



EXTENDED
TIME

1

Drinking Alcohol



After consuming alcohol,
people tend to let down their
guard and remove masks, etc.

2

After-Work Breaks



Due to a false sense of safety,
people tend to converse
without wearing masks.

3

Communal Living



The virus can spread
easily as everyone tends
to act together.

4

Intense Exercising



Virus tends to linger in
the air in closed spaces
with poor ventilation.

5

Before & After
Outdoor Activities



The Three C's can
easily occur in the car
or during meals.



Douchou Corona

Search



■Hokkaido COVID-19 Consultation Center

0120-501-507 (Toll free)

※Calls are only available in Japanese.

※For residents of Sapporo, Asahikawa, Hakodate, and Otaru,
please call the respective Health Center for your city.

In order to **prevent the spread of infection**, please **thoroughly practice**

the **New Hokkaido Style**



KEEP A SAFE DISTANCE



COUGH ETIQUETTE



AVOID THE 3 C's



MAKE GOOD USE OF ONLINE SERVICES



WASH HANDS



CIRCULATE THE AIR



CONSIDER TAKE OUT AND DELIVERY



SPEAK SOFTLY



USE THE HOKKAIDO CORONA NOTIFICATION SYSTEM AND THE COVID-19 CONTACT-CONFIRMING APP (COCA)



STAY INFORMED & BE CONSIDERATE

Please use the Hokkaido COVID-19 Notification System

If you see a poster like the one on the right, please scan the QR code and register your email. If someone who visited the same location during the same time you were there is diagnosed with COVID-19, you will be sent an email.



*The QR codes are a registered trademark of DENSO WAVE, Inc.